

Taking Charge of Cancer: What You Need to Know to Get the Best Treatment / 2017 / New Harbinger Publications, 2017 / 9781626258631 / David Palma / 240 pages

Taking Charge of Cancer offers an insider's guide to understanding and receiving the best treatment options, choosing the right medical team, and approaching this difficult time with knowledge and hope. Receiving a cancer diagnosis can be terrifying, and the first thing you probably want to know is: How am I going to survive this? is a different type of book for cancer patients—one that goes beyond the cancer information that is currently available, allowing you to truly take control of your cancer treatment. You'll learn how to obtain and understand medical records, and why these records are critical to your care. You'll also find the tools you need to determine if the recommendations made by doctors are in keeping with accepted treatment guidelines. You need to know all you can about not only what happens during treatment, but what to expect right afterwards—so you don't get depressed when it doesn't magically all go away. Evan. The purpose of this booklet is to help support you as you adjust, now that treatment is over for your loved one. Use this booklet in whatever way works best for you. Each caregiver has a unique response to having had a loved one with cancer. This booklet was written to share common feelings and reactions that many caregivers just like you have had after treatment ended. It also offers some practical tips to help. Cancer treatments are sometimes used in conjunction with each other. For example, it's common to pair surgery or radiation with chemotherapy. Doctors sometimes refer to a treatment that's used after the primary treatment as an adjuvant therapy. Step 4: Analyze the benefits versus the risks. Compare the benefits and risks of the different cancer treatments to decide which treatments fall within your goals. Rate the treatments you're considering based on the pros and cons of each. Some aspects you'll want to consider for each treatment include: Effective communication with your doctor is the best way to make sure you're getting the information you need to make an informed decision. To make communicating with your doctor easier, try to: Speak up when you don't understand. However, treating cancer naturally using non-toxic therapies requires a diligent approach and a long-term commitment. You hold the power to unleash your natural healing capabilities. Use these 11 natural cancer treatments to relieve your symptoms and prevent the further spread of tumors throughout your body. This process charges these cells and gives them the boost they need to once again be healthy. Attracting oxygen into cells is necessary to kill off cancer cells and heal the body with healthy ones. 5 Things You Need to Know About Juicing. Overlapping and Enzyme-specific Contributions of Matrix Metalloproteinases-9 and -12 in IL-13-induced Inflammation and Remodeling. What is Obesity Doing to Your Gut?